



***Menus subject to change without notice

September

<p>Breakfast Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p>Lunch Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit: 1c/8oz. Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>All meals/food from home must follow Dept. of Ed. Nutritional requirements.</p>
<p>Allergy meal/Diet modification allowed only with school nurse approval</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY AUG 29	TUESDAY AUG 30	WEDNESDAY AUG 31	THURSDAY SEPTEMBER 1	FRIDAY SEPTEMBER 2
<p>Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk</p>	<p>Breakfast: Pancakes, Orange, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk</p>	<p>Breakfast: Muffin Tops, Apple Slices, 100% Fruit Juice, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
SEPTEMBER 5	SEPTEMBER 6	SEPTEMBER 7	SEPTEMBER 8	SEPTEMBER 9
<p>No School</p>	<p>Breakfast: Corn Muffin, Orange, 100% Fruit Juice, Milk Lunch: Baked Mac & Cheese, Broccoli, Pears, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Mandarin Oranges, Milk</p>	<p>Breakfast: Banana Bread, Apple Slices, 100% Fruit Juice, Milk Lunch: Burritos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
SEPTEMBER 12	SEPTEMBER 13	SEPTEMBER 14	SEPTEMBER 15	SEPTEMBER 16
<p>Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk</p>	<p>Breakfast: Muffin Tops, Orange, 100% Fruit Juice, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Hamburgers, WW Bun, Cheese, Crinkle Fries, Carrots, Mandarin Oranges, Milk</p>	<p>Breakfast: Pancakes, Apple Slices, 100% Fruit Juice, Milk Lunch: Arroz con Verduras, Habichuela guisada y Pollo, Applesauce, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
SEPTEMBER 19	SEPTEMBER 20	SEPTEMBER 21	SEPTEMBER 22	SEPTEMBER 23
<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Peaches, Milk</p>	<p>Breakfast: Banana Bread, Orange, 100% Fruit Juice, Milk Lunch: American Chop Suey, Carrots, Pears, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice or Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk</p>	<p>Breakfast: Breakfast Buns, Apple Slices, 100% Fruit Juice, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
SEPTEMBER 26	SEPTEMBER 27	SEPTEMBER 28	SEPTEMBER 29	SEPTEMBER 30
<p>Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk</p>	<p>Breakfast: Pancakes, Orange, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk</p>	<p>Breakfast: Muffin Tops, Apple Slices, 100% Fruit Juice, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk</p>	<p>Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider