

Lawrence Family Development Charter School (LFDCS) is extending its projects in the areas of health and nutrition. A special priority for the school is increasing the School Breakfast Program. In addition to grant awards and donations this year from the Healthy School Food Champions program, Whole Foods, Harvard Pilgrim Health Care and Johnnie's Seeds for its school-based gardens, the school brought to an audience of its Lower School students (Kindergarten through third grade) the dynamic show called **FOOD PLAY**. This fun-filled activity exposed students to eating habits as core to "healthy minds" and "strong bodies."

According to Food Services Director, Mary Claire Kennedy, who arranged to bring **FOOD P**

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Like other schools across the country, on March 4 Lawrence Family Development Charter School

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While **FOOD PLAY** makes good eating great fun, its messages are very serious. So serious

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FOOD PLAY introduces USDA's new MyPlate food guide, helping children learn to fill half
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