



Lawrence Family Development Charter School

Please visit our school website at lfdfs.org to view school food menus.

Menus subject to change without notice



JUNE 2019



June 3	June 4	June 5	June 6	June 7
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Meatballs w/WW Bosco Sticks, Garden Salad, Fruit Cocktail, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Steamed Carrots, Cantaloupe	Breakfast: Scrambled Eggs with Hashbrown, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Nuggets, Rice Pilaf, Green Beans, Carrot Sticks & Fruit Cocktail, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Broccoli, Peaches, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk
June 10	June 11	June 12	June 13	June 14
Breakfast: Pancakes, Fresh Fruit, Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Fingers, Crinkle Fries, Celery Sticks, WW Dinner Roll, Mandarin, Milk	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: WW Spaghetti & Meatballs, Caesar Salad, Pepper strips w/Dip, Peaches, Milk	Breakfast: Scrambled Eggs with Bacon, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Grill Cheese Sandwich, Potato Wedges, Broccoli & dip, Peaches, Milk	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chili & Shredded Cheese, Corn Chips, Pepper Strips & Dip, Cantaloupe, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk
June 17	June 18	June 19	June 20	June 21
Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Broccoli, Peaches, Milk			
June 24	June 25	June 26	June 27	June 28

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.