



Lawrence Family Development Charter School

Please visit our school website at lfdds.org to view school food menus.

Menus subject to change without notice

MARCH 2018			MARCH 1	MARCH 2
				Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Teddy Grahams Lunch: Hamburgers, WW Bun, Cheese, Sweet Potato Fries, Carrot Sticks, Peaches, Milk
MARCH 5	MARCH 6	MARCH 7	MARCH 8	MARCH 9
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chili & Shredded Cheese, Corn Chips, Pepper Strips & Dip, Peaches, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Cheese-Its Lunch: Baked Chicken, WW Dinner Roll, Mashed Potato, Green Beans, Mandarin	Breakfast: Scrambled Eggs with Hashbrown, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Caesar Salad, Pineapple	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Goldfish Lunch: Beef Tacos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cream of Wheat w/Cranberries, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Carrot Sticks, Oranges, Milk
MARCH 12	MARCH 13	MARCH 14	MARCH 15	MARCH 16
Breakfast: Pancakes, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Loorna Doone Lunch: Baked Mac & Cheese, Broccoli, Cran/Orange Salad, Pears, Milk	Breakfast: Scrambled Eggs with Sausage, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pastelón de Papas, WW roll, Corn, Carrot Sticks & Dip, Peaches, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Fig Newton Lunch: Chicken Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Oatmeal w/Raisins, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Caesar Salad, Cucumber sticks, Orange, Milk
MARCH 19	MARCH 20	MARCH 21	MARCH 22	MARCH 23
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Hamburgers, WW Bun, Cheese, Potato Wedges, Carrot Sticks, Peaches, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Animal Crackers Lunch: Rice with Ham & Beans, Cheese Sticks, Celery Sticks, Green Beans, Applesauce, Milk	Breakfast: Scrambled Eggs with Bacon, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain, Milk Lunch: American Chop Suey, Carrot Sticks & Dip, Caesar Salad Fruit Cocktail	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Teddy Grahams Lunch: Chicken Fingers, Green Beans, Sweet Potato Fries, Pears, Milk	Breakfast: Oatmeal w/Raisins, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Cucumber sticks, Orange, Milk
MARCH 26	MARCH 27	MARCH 28	MARCH 29	MARCH 30
Breakfast: Pancakes, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Meatball Sub, Corn & BB Salad, Pepper Strips & Dip, Peaches, Milk	Breakfast: Breakfast Buns, Yogurt, 100% Fruit Juice or Milk Snack: Cheese-Its Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple	Breakfast: Scrambled Eggs with Home fries, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Grill Cheese Sandwich, Garden Salad, Celery Sticks, Applesauce, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Goldfish Lunch: Hot Dog on WW Bun, Crinkle Fries, Corn, Peaches, Milk	NO SCHOOL

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.