



Lawrence Family Development Charter School

Please visit our school website at lfdds.org to view school food menus.

Menus subject to change without notice

<h1>MAY 2019</h1>		May 1	May 2	May 3
		Breakfast: Scrambled Eggs with Home fries, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: American Chop Suey, Celery Sticks, Fruit Cocktail, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Nuggets, French Fries, Green Beans, Applesauce, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Caesar Salad, Carrot Sticks, Oranges, Milk
May 6	May 7	May 8	May 9	May 10
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Meatballs w/WW Bosco Sticks, Garden Salad, Peaches, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Corn, Pineapple, Milk	Breakfast: Scrambled Eggs with Sausage, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Broccoli, Mandarin, Milk	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Grill Cheese Sandwich, Potato Chips, Carrot Sticks, Cantaloupe, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Cucumber sticks, Orange, Milks
May 13	May 14	May 15	May 16	May 17
Breakfast: Pancakes, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Sliced Ham & Cheese Sandwich on WW bread, Pepper Strips, Fruit Cocktail, Milk	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Hot Dog on WW Bun, Crinkle Fries, Corn, Applesauce, Milk	Breakfast: Scrambled Eggs with Home fries, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Hamburgers, WW Bun, Cheese, Potato Wedges, Cucumber Sticks, Peaches, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chicken Patty on a WW bun, Lettuce, Tomato, Pineapple, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Caesar Salad, Carrot Sticks, Oranges, Milk
May 20	May 21	May 22	May 23	May 24
Breakfast: Bagel w/Cream Cheese, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: WW Spaghetti & Meatballs, Broccoli w/Dip, Peaches, Milk	Breakfast: Breakfast Bun, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Roasted Turkey or Chicken, Mashed Potato, Corn, Cantaloupe, Milk	Breakfast: Scrambled Eggs with Bacon, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Chili & Shredded Cheese, Corn Chips, Pepper Strips & Dip, Fruit Cocktail, Milk	Breakfast: French Toast, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Beef Tacos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Garden Salad, Cucumber sticks, Oranges, Milk
May 27	May 28	May 29	May 30	May 31
<h1>NO SCHOOL</h1>	Breakfast: Waffles, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Baked Mac & Cheese, Broccoli, Carrot Sticks, Pineapple, Milk	Breakfast: Scrambled Eggs with Home fries, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pastelón de Papas, WW roll, Corn, Celery & Dip, Peaches, Milk	Breakfast: French Toast Sticks, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Rice with Ham & Beans, Cheese Sticks, Cucumber Sticks, Mandarin, Milk	Breakfast: Fresh Baked Muffin, Yogurt, 100% Fruit Juice or Milk Snack: Assorted Fruit/Veg or Grain Lunch: Pizza, Caesar Salad, Carrot Sticks, Oranges, Milk

***Each Breakfast will offer Assorted Cereal, Assorted Fruit/Veg, 100% Fruit Juice along with the choice of FF Chocolate Milk/FF White Milk/1% Milk.