On-Site Meals for LFDCS Students

Nutrition continuity during school reopening

On-Site Breakfast SY 20/21

A Grab-and-Go style breakfast will be available for all students when entering the building upon arrival. These meals will contain all the components required by the DESE’s Office for Food and Nutrition Programs. Students will bring these meals to their classrooms to eat. Diet modifications will be handled on a case-by-case basis in coordination with the School Nurse.

On-Site Lunch SY 20/21

Lunches will be delivered to the classrooms of all on-site students at their designated time. Every student meal will be individually packaged and diet modifications will be handled on a case-by-case basis in coordination with the School Nurse. These meals will contain all the components required by the DESE’s Office for Food and Nutrition Programs.

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In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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COVID-19 Daily Classroom Checklist for Safe Meals

Teachers: Use this checklist daily to ensure your classroom is clean and safe for meals in the classroom. Adapted from MA Child and Youth Serving Programs Reopen Approach: Minimum Requirements for Health and Safety.

1. Does your classroom have:
   - ☐ Hand Sanitizer (at least 60% alcohol)
   - ☐ Cloth Face Coverings (extras for students)
   - ☐ Cleaning Products (EPA-registered disinfectants)
   - ☐ Cleaning products to be kept out of reach of students

2. When preparing for meals in the classroom:
   - ☐ Student desks/tables should be cleaned and disinfected
   - ☐ Student desks/tables should be spaced six feet apart
   - ☐ Students and Teachers should wash their hands with warm water and soap for at least 20 seconds or use hand sanitizer (at least 60% alcohol) prior to meals

3. After meals in the classroom:
   - ☐ Students and Teachers should wash their hands with warm water and soap for at least 20 seconds or use hand sanitizer (at least 60% alcohol)
   - ☐ Student desks/tables should be cleaned and disinfected
   - ☐ Use touchless trash cans as possible. Establish an order for disposing trash (example: if you are wearing blue please go throw away your trash).

*Gloves must always be worn when handling or distributing food*